

Los Angeles **Vancover**

**EAT
SHOP, STAY
PLAY!**
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Material World

Autumn lets us reinvent our wardrobes — and ourselves — whether with affordable trend pieces, luxurious leather goods, or a pretty new scent

By Rebecca Philps

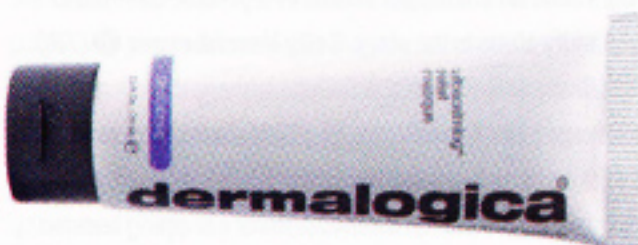
The SHOPPING DIARY



▲ **BARRE FITNESS** The celebrity workout craze touches down in Yaletown with Canada's first barre-based exercise studio (excluding the thousands of, say, dance studios). The method combines ballet, Pilates, strength, and flexibility training, turning lethargic muscles into lean ones. 1038 Mainland St., 604-669-6906. Barrefitness.com

▲ **LEONE** Listen up, sartorial gents: luxe department store Leone has added Alexander McQueen and Galliano to its men's collections, along with shoes by Lanvin. 757 W. Hastings St., 604-683-1133. Leone.ca

▲ **SABAI THAI SPA** This North Vancouver (via Bangkok) spa recently expanded into Coal Harbour, and offers traditional Thai massage and signature facials using tumeric and lemongrass—intoxicatingly aromatic and a total escape. 571 Cardero St., 604-568-6227. Thaispa.ca



▲ NATURAL REACTION

Time to undo the damage caused by too much summer-sun exposure. (Sigh, wasn't it grand?) **Dermalogica's UltraCalming** line, which targets sensitized skin, is the ticket. Various locations. Dermalogica.ca



NEW YORK MOMENT

The new **Tiffany Leather Collection** is exactly what you'd expect: classic, clean lined, and very Upper East Side sophisticated. Bags and accessories all play with peeks of Tiffany blue. 723 Burrard St., 604-630-1300 Tiffany.com

▼ BRAZILIAN BOMBSHELL

Seems every salon in town is offering a pricey Brazilian straightening treatment. Get the same glossy result with **Liquid Keratin**, the first at-home kit (\$69) from Beautymark. 103-1120 Hamilton St., 604-642-2294. Beautymark.ca

